



The Chronicle

A monthly newsletter published by The Men's Club of Sun City Center for its members

March 2021

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Veterans Memorial of Sun City Center



Memorial photography by Jay Sparkman former SCC MC President

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The purpose of The Men's Club of Sun City Center is to provide and promote charitable community service, cultural, social and civic interest, and to cooperate with other clubs and organizations in the best interest of Sun City Center.



Hello Men's Club Members,

I hope that most of you have now been able to receive both of your vaccine shots. It was well organized, and we are fortunate that they were able to come to Sun City Center.

The February program was done by Marina Entin from the Safest Drug Program. We have signed a Memorandum of Understanding with them to gather participants for their drug study to identify and prevent adverse drug reactions. Many of us take at least five different prescriptions and do not know if the drugs can have an adverse drug effect. We will be sending out more information to learn how to join the study.

Your Board has been actively planning events to be held later in the year. We hope to have a Health Fair in October and a cruise in November. We will plan luncheons as soon as we are able to.

Bruce Fraser, President

315-982-4586



Michael Zimmermann is the Director of Critical Care, Emergency and Preparedness Services at South Bay Hospital. Michael started with South Bay Hospital in June of 2018. Michael had worked for HealthTrust Workforce Development as a local per diem Critical Care and Emergency Room Nurse since 2013. During Michael's time at South Bay, he has helped to integrate several new throughput strategies to increase patient's satisfaction and provide safe efficient care for our patient experiencing an emergency.

Michael has been with HCA for 11 years; however, has been in healthcare for over 25 years. Prior to working with HCA, Michael has worked in the fields of correctional healthcare, endoscopy, perioperative nursing, and healthcare disaster and emergency management. Michael also has a background in Emergency Management and volunteer management.

Michael lives in Bradenton and has a beautiful wife who is also a Registered Nurse and three daughters.



Patriotism on Display

In an interview with Walt Cawain, Lt Col USAF (Ret) the driving force behind this memorial, he provided a detailed description of how the idea was developed by a dedicated group of individuals into what we all enjoy today.

“When the memorial was dedicated on January 10, 2019 the community overflowed with pride.”

“The cost of the memorial was totally funded from resident donations and the sales of engraved bricks honoring veterans and active military personnel. There are also bricks from clubs and organizations and individuals honoring all those who served. The largest donation was \$40,00.00 from Dallas Tuthill, Col USA (Ret) and his wife Norma, the smallest \$3.00 came from a very proud six-year-old girl.”

Dallas Tuthill was twice president of SCC Men’s Club in 1994/95. At 94, he still resides in Sun City Center.

“The memorial is located prominently in front of the SCC Community Association’s Community Hall and makes a dynamic impression on all who visit. The perimeter wall proudly proclaims, “Freedom is not free” and “A Grateful Community Remembers Those Who Earned Our Freedom.” Eight flags are flown 24/7 with the United States flag in a position of prominence and the POW/MIA flag just below it. The other flags represent the State of Florida and the five services US Marines, US Navy, US Army, US Coast Guard, US Air Force, and the US Space Force!

On dedication day, Walt Cawain had this to say. “This memorial is not about war. It is about people and paying tribute to all the military service personnel who honorably served their country. We are glorifying the *spirit* of the men and women who are serving and have served and fought for this country.”

It is not possible to contain this entire story to one page, so we shall revisit this story next month to share additional details that you were not possibly aware of.

Don Murphy, Editor



Newest Men's Club Cruise to be added!



Royal Caribbean's Brilliance of the Seas

Itinerary

| Date | Port | Arrive | Depart |
|--------------------|-----------------|---------------|---------------|
| Mon, November 8 | Tampa | | 4:00 pm |
| Tues, November 9 | At Sea | | |
| Wed, November 10 | Grand Cayman | 7:00 am | 4:00pm |
| Thurs, November 11 | Cozumel, Mexico | 10:00 am | 7:00 pm |
| Fri, November 12 | At Sea | | |
| Sat, November 13 | Tampa | 7:00 am | |

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Balcony S/R - \$557.29 pp

Oceanview S/R - \$447.29 pp

Rates include all port taxes! All rates subject to change! Other categories available on request! Contact:

SUN CITY CENTER TRAVELWORLD

(813) 634-33-18

This cruise benefits the Sun City Center Men's Club

*Remember, if you are a paid-up dues member from 2020,
your dues from 2021 have been waived!*

Latest Press Release - Conflicting Medicines – A New Concern

The Sun City Center Men's Club has signed a Memorandum of Understanding with Safest Drugs, a non-profit organization with a goal of making a difference in medicated harm as a public health issue.

Marina Entin, Rph, BS, addressed the SCC Men's Club at their monthly meeting about the problems that crop up when older patients (+55) who take more than five drugs daily without knowing if the drugs are compatible. She said the Safest Drugs organization is creating a pilot study to identify people that may be subject to conflicting medicines.

Citing adverse drug reaction or side effects which have unintended consequences, or adverse drug events which are injuries from using non-compatible drugs, Entin pointed to new drugs entering the market every day, and the extended longevity of patients as a common cause of issues facing patients who have little or no knowledge of the relationship between drugs they may be using.

She encouraged patients to talk with their physicians and pharmacists about the potential issues arising from combining medications they may be using, and to read labels to gain more information.

The SCC Men's Club and the South Shore Coalition for Mental Health and Aging are encouraging people older than 55, who take five or more drugs daily, and who may be experiencing new symptoms to participate in the study. More information is available by calling 919-945-6875, or by emailing marina@safestdrug.org.

Norman James, Press Agent SCC Men's Club



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