

# The Chronicle



*A monthly newsletter published by The Men's Club of Sun City Center for its members*

October 2025

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## October's Guest Speaker



Dr. Adam Golas

Dr. Adam Golas will be speaking to us on Health, weight-loss, and the consequences of living passively in a western society. He is a board-certified surgeon, who is committed to helping patients improve their general health, overcome obesity and related conditions through advanced medical and surgical treatments. Known for his patient-first approach, excellent outcomes and trusted reviews, he tailors his care to each individual's needs for better health. Dr. Golas also specializes in general surgery and hernia treatment.

Mark your 2026 calendars for Lightning Hockey on February 3rd, and the Margaritaville Cruise from Tampa on June 6<sup>th</sup>



We received another shipment of Hi Vis Men's Club vests. They can be picked up at the Security Patrol office 1225 North Del Webb Blvd.



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**The GAVEL**  
A report from your  
President



Dear members of the Men's Club of Sun City Center

The Sun City Men's Club is thriving! We've experienced growth in membership and attendance at our monthly luncheons, a true reflection of the strong community we've built together. Your ongoing support has been invaluable to this success, and we are incredibly grateful for your involvement.

We've been actively reaching out to our neighbors in Kings Point and Sun City Center, inviting them to join our vibrant and engaging group. More than just a social club, we're forging genuine connections and lasting friendships, centered around stimulating conversation, camaraderie, and shared interests. Yet most of all most important, helping our Community.

Our monthly luncheons (held on the third Wednesday of each month at the community hall) offer not only delicious food and lively discussions but also engaging guest speakers from diverse fields. This month, we're fortunate to have Dr. Adam Golas, a Bariatric Surgeon, presenting his surgical techniques and strategies for

maintaining a healthy lifestyle following weight loss surgery. This promises to be a particularly informative session. good information for all ages.

Our recent outing to the Rays vs. Jays game was a resounding success, creating lasting memories of baseball and fellowship. Building on this momentum, we're excited to announce an upcoming trip to a Tampa Bay Lightning Hockey game in February! Tickets will go on sale soon – this is sure to be an electrifying event, so please mark your calendars and secure your seats early to avoid disappointment.

To further strengthen our community outreach and significantly impact Sun City Center, we're launching two important initiatives and would be honored if you could assist:

\* \*\*Community Health Fair: Monday, October 23rd, 2025:\*\* This crucial event requires dedicated volunteers to ensure its smooth running. Any assistance you could provide, whether with registration, distributing information, or other tasks, would be tremendously helpful in promoting health and wellness within our community.

\* \*\*Annual Golf Tournament: Saturday, November 22nd, 2025:\*\* Whether you're a seasoned golfer ready to participate in the tournament or prefer to lend your skills behind the scenes (e.g., registration, scoring), your involvement would be greatly appreciated.

Your contributions, be it volunteering your time or simply spreading the word about

these events will significantly contribute to their success and the overall vitality of our community. Please let me know if you can assist in any capacity, or if you know anyone else who might be interested in volunteering.

Thank you again for your unwavering support and dedication. We eagerly anticipate seeing you at one of our upcoming events!

Sincerely,

Elliott Bart  
President, Men's Club, Sun City Center

Sign up now  
to volunteer  
or play in the  
SCC Men's Club  
Golf Tournament



**Please follow the Men's Club on  
Facebook and our website  
[SCCmensclub.com](http://SCCmensclub.com)**



## The Health Fair Needs Volunteers Too!



This year's Men's Club Health Fair is October 23<sup>rd</sup>. Please lend your time and help make this a great event. To volunteer, please email Vicente Lopez at [1721yborcity@gmail.com](mailto:1721yborcity@gmail.com). Thank you all in advance for your services.



**MAKE A  
RESERVATION**

- Doors open at 10:45 am! Meeting conclusion approximately 1:00 pm!
- Deadline is **6pm Sunday**, October 12th, before our Luncheon. Register by either email or phone. YOU WILL RECEIVE A CONFIRMAITON by email or a phone call
- Email: [reservations@sccmensclub.com](mailto:reservations@sccmensclub.com) or call 813-394-4677 and spell your last name and leave a contact telephone number
- If you are reserving a seat for a guest – spell the last name of the guest and indicate if they are eligible to be a guest of the Men's Club
- Eligible = Only a first-time visitor can get a free lunch
- If you need to cancel for any reason – call or email one of the options listed above. If you are not sure if you booked, call and let us know so that we can do our best to accommodate everyone

**Next Month's Luncheon is  
Wednesday November 19<sup>th</sup>**

## Lunch October 15<sup>th</sup>



### Menu:

- Glazed Ham
- Italian Meatballs
- Choice of Vegetables
- Salad
- Dessert Table
- Coffee, tea, soda



## "Bogey, is your Best Friend Golf S

Golfers: \$125  
Foursome: \$450  
Clublink Member  
(with members card)

### ADDITIONAL ACTIVITIES

Mulligans  
Longest Drive  
Closest to the Pin

50/50 Raffle

### Event SCHEDULE

7:00-8:00 Registration  
8:30 ..... 4 person Shotgun Start  
1:30 ..... Luncheon  
2:30 ..... Awards Ceremony

Entry Deadline  
**November 1st**

### Team Code



### Individual Golf



\*\*\*\*\*Checks payable to Sun City Center Men's Club

Memo line—"Sun City Center Men's Club Fund Raiser 2024"

<https://sccmensclub.com/>



**The SCC Men's Club has tickets to see a Broadway Encore Presentation of the fabulous Les Misérables stage play. This is a show that some have called the greatest musical ever created!**

**The date is Thursday, December 11th for a 2pm show at the Straz. The cost is \$132 per person, which includes the bus, and the seats are good ones... front orchestra, Rows E and F.**

**The Men's Club will be traveling to the play on the SCC Travel Club bus which will leave Community Hall on December 11th at 12:15pm and return at approximately 6pm.**

**Tickets are limited so make your reservation by mailing or dropping off your check, made out to the Men's Club, at our office behind the St Andrews Presbyterian Church, at 1039 West Del Webb Blvd.**

**Please make your reservations asap**

**Jim Rottman at 813-205-6949**

**How to contact your Officers**

Position	Name	Phone	E-Mail Address	Home Address
President	Elliott Bart	443-375-0688	<a href="mailto:elliottbart@yahoo.com">elliottbart@yahoo.com</a>	1105 Emerald Dunes Dr
President Elect	Open			
Past President	Denman Gray	813-633-4294	<a href="mailto:dudex2@bellsouth.net">dudex2@bellsouth.net</a>	1818 Granville Ln.
Treasurer	Dan Osborne	973-396-6304	<a href="mailto:danosborne118@gmail.com">danosborne118@gmail.com</a>	1102 Opal Dr
Secretary	Bill Cox	813-634-3936	<a href="mailto:bidocj@gmail.com">bidocj@gmail.com</a>	2218 Myrtle Vista Ct
Steward	Bob Jacobs	716-308-8602	<a href="mailto:cmljoky1949@gmail.com">cmljoky1949@gmail.com</a>	1206 Desert Hill Dr
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VP- Health Care	Vicente Lopez, Jr	727-623-1724	<a href="mailto:vpofhealth57@gmail.com">vpofhealth57@gmail.com</a>	1419 Seton Hall Dr
VP-Communications	David Lemley	404-606-0543	<a href="mailto:davidlemley@bellsouth.net">davidlemley@bellsouth.net</a>	2135 New Bedford Dr.
VP- Lifeline	Clare Fenney	813-642-8204	<a href="mailto:wcfenney@gmail.com">wcfenney@gmail.com</a>	2246 Mayfield Palms Ln
VP- Membership	Bruce Fraser	813-419-4013	<a href="mailto:dbruce.fraser@gmail.com">dbruce.fraser@gmail.com</a>	1506 Dedham Dr
VP- Programs	Ed Barnes	813-633-3229	<a href="mailto:ebarnesscc@aol.com">ebarnesscc@aol.com</a>	1205 Knights Gate Ct
VP- Special Reports	Jim Rottman	813-634-8122	<a href="mailto:jprottman@gmail.com">jprottman@gmail.com</a>	2307 Emerald Lake Dr

**SCC Men's Club****1239West Del Webb Blvd., Sun City Center, FL 33573**

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Photographer*	Jay Sparkman	813-300-4086		

*\*Non-Voting Board Participants*